

# **SRA** | Senior Resource ALLIANCE *of the Triangle*



## **Brookdale North Raleigh** ***Independent, Assisted & Memory Care Rental Retirement Communities*** **Robbie Varnell**

Provides quality care for independent seniors, assisted living and memory care.

1200 Carlos Drive  
Raleigh, NC 27609  
(919) 334-2210  
[rvarnell@brookdale.com](mailto:rvarnell@brookdale.com)  
[www.brookdale.com/communities/heritage-of-raleigh/](http://www.brookdale.com/communities/heritage-of-raleigh/)



## **Cary Audiology Associates** ***Doctor of Audiology*** **Susan Rawls, Au.D.**

Provides reliable and honest hearing health care services, including hearing aids, to those individuals with hearing loss.

115 Parkway Office Court, Suite 100  
Cary, NC 27518  
(919) 851-3800  
[srawls@caryaudiology.com](mailto:srawls@caryaudiology.com)  
[www.caryaudiology.com](http://www.caryaudiology.com)



## **Everybody Needs a Nurse** ***Patient Advocate*** **Diane Halloran, RN and Jennifer Halloran**

We offer the advice and guidance of an experienced RN to help seniors and their families navigate the health care system. We specialize in complex medical situations and do medication reconciliation, home visits, and doctor appointments.

81110 Alexander  
Chapel Hill, NC 27517  
(919) 606-1819  
[YourNurse@EverybodyNeedsANurse.com](mailto:YourNurse@EverybodyNeedsANurse.com)  
[www.EverybodyNeedsANurse.com](http://www.EverybodyNeedsANurse.com)

# Member Directory



## **Carolina Relocation and Transition Specialists**

### ***Senior Move Management*** **Beth Wenhart & Tod Davis**

Provides solutions and options that are best for the individual needs of our clients, manage and handle your relocation, from downsizing to dispersing an estate.

(919) 610-1888 (Beth) / (336) 210-0140 (Tod)  
[beth@carolina-rts.com](mailto:beth@carolina-rts.com)  
[tod@carolina-rts.com](mailto:tod@carolina-rts.com)  
[www.carolina-rts.com](http://www.carolina-rts.com)



## **Comfort Keepers** ***In Home Care*** **Bruce Brennan**

We help adults live happy, healthy lives in the comfort of their own homes by providing quality, compassionate home care and safety technology solutions to preserve independence and contribute to a better life.

1616 Evans Road, Suite 103, Cary, NC 27513  
(919) 650-2784  
[brucebrennan@comfortkeepers.com](mailto:brucebrennan@comfortkeepers.com)  
[cary-857comfortkeepers.com](http://cary-857comfortkeepers.com)



## **Guiding Lights Caregiver Support Center** ***Caregiver Support Services*** **Nicole Bruno & Leigh Warren**

Comprehensive caregiver support center for family and professional caregiving. We provide information, referral, education and support at no charge to family caregivers.

3729 National Drive, Suite 204  
Raleigh, NC 27612  
(919) 371-2062  
[nicole@guidinglightsnc.org](mailto:nicole@guidinglightsnc.org)  
[leigh@guidinglightsnc.org](mailto:leigh@guidinglightsnc.org)  
[www.guidinglightsnc.org](http://www.guidinglightsnc.org)

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## **Integrity Money Management**

### ***Daily Money Manager***

**Karen Hankins**

Provides a wide range of personal financial services to help clients manage their day-to-day monetary affairs, including bill paying, bank & credit card reconciliations, budget preparation, expense tracking, verifying proper processing of medical insurance claims and organization of tax/financial documents.

(919) 720-2950

[khankins@integritymoneymanagement.com](mailto:khankins@integritymoneymanagement.com)

[www.integritymoneymanagement.com](http://www.integritymoneymanagement.com)



## **Keystone Financial Partners**

### ***Comprehensive Financial Planning***

**Jim Trull, AIF®, CFP®**

Focuses on helping seniors, widows, and independent women preserve and grow the wealth they have accumulated.

1255 Crescent Green, Suite 440, Cary, NC 27518

(919) 463-0018

[jtrull@keystonefinancialpartners.com](mailto:jtrull@keystonefinancialpartners.com)

[www.keystonefinancialpartners.com](http://www.keystonefinancialpartners.com)

*\*Securities and Advisory Services offered through Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser. Fixed insurance products & services offered through Keystone Financial Partners.*



## **Kisco Senior Living**

Provides senior living options throughout Raleigh and Cary.

### **Magnolia Glen**

5301 Creedmoor Rd, Raleigh, NC 27612

919-841-4747

Contact: Betsy Sykes, [betsy.sykes@kiscosl.com](mailto:betsy.sykes@kiscosl.com)

### **Abbotswood at Stonehenge**

7900 Creedmoor Rd, Raleigh, NC 27613

919-847-3202

Contact: Tamara Wess, [tamara.wess@kiscosl.com](mailto:tamara.wess@kiscosl.com)

[www.kiscoseniorliving.com](http://www.kiscoseniorliving.com)

### **LIFT**

#### ***Widow Social Support Group***

**Joyce Loeb sack**

Provides social opportunities for widows to meet with others who understand their feelings and experiences. Provides programs to education in consumer affairs or entertainment. Meets monthly for lunch at various locations. No fees other than lunch and no attendance requirements.

P.O. Box 52679, Durham, NC 27717

(919) 218-5656

[jeassociates@earthlink.net](mailto:jeassociates@earthlink.net)



## **LifeLinks**

### ***Geriatric Care Manager***

**Meike Wiest, MSW**

**Erin Nortonen**

Working with older & disabled adults & their families through care management and private guardianship.

4812 Six Forks Road, Suite 110

Raleigh, NC 27609

(919) 781-5979

[meike@lifelinks.care](mailto:meike@lifelinks.care)

[erin@lifelinks.care](mailto:erin@lifelinks.care)

[www.lifelinks.care](http://www.lifelinks.care)



## **Monroe Wallace Law Group**

### ***Elder Law: Advance Directives, Guardianships, Wills, Special Needs Trusts & Long-Term Care Planning***

**J. Gregory Wallace, Esq.**

Focuses on Elder Law: Advance Directives, Guardianships, Wills, Special Needs Trusts & Long-Term Care Planning.

3225 Blue Ridge Road, Suite 117, Raleigh, NC 27612

(919) 876-1400

[jgwallace@ncelderlaw.com](mailto:jgwallace@ncelderlaw.com)

[www.monroewallace.com](http://www.monroewallace.com)

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## **Reedman & Associates** **Accounting & Tax Solutions**

**Richard M. Reedman, CFE, CSA, EA, ABA/ATA**

Dedicated to providing the highest quality of professional accounting and tax solutions to help you save money.

804-102 Salem Woods Drive  
Raleigh, NC 27615  
(919) 872-1657  
[reedman@accountingtaxplan.com](mailto:reedman@accountingtaxplan.com)  
[www.accountingtaxplan.com](http://www.accountingtaxplan.com)



## **SearStone**

**Continuing Care Retirement Community**  
**Allie Ligay**

Offers a new urbanist community for people 62 and better. SearStone opened in November of 2013 and is a Life Care Continuing Care Retirement Community.

17001 SearStone Drive  
Cary, NC 27513  
(919) 234-0403  
[aligay@searstone.com](mailto:aligay@searstone.com)  
[www.searstone.com](http://www.searstone.com)



## **Smart Living Solutions** **In-Home Technology Safety Specialists** **Heather Lord & Jerry Tester**

The Smart Living Solution uses discreet sensors that make your home smart enough to potentially save your life. The system is able to get help when needed without the need to do anything or wear anything, like pendants or bracelets, except live your life as you normally do.

14 East Peace Street, Raleigh, NC 27604  
(919) 349-6573  
[heather@smartlivingNC.com](mailto:heather@smartlivingNC.com)  
[jerry@smartlivingNC.com](mailto:jerry@smartlivingNC.com)  
[www.smartlivingNC.com](http://www.smartlivingNC.com)



## **Sunrise Senior Living** **Memory Care and Assisted Living**

Offers assisted living options in a home like environment and is built on a commitment to our residents and their families.

Contact: Michelle Biro, (919) 787-0777,  
[michelle.biro@sunriseseniorliving.com](mailto:michelle.biro@sunriseseniorliving.com)

## **Brighton Gardens of Raleigh**

Contact: Candace Payne, (919) 571-1123,  
[candace.payne@sunriseseniorliving.com](mailto:candace.payne@sunriseseniorliving.com)

[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)



## **Transitions LifeCare** **Hospice, Palliative Care, Home Health** **& Grief Care** **Kellie Brockman, BS**

Offers assistance to patient and families through the transitions of a serious or terminal illness.

250 Hospice Circle  
Raleigh, NC 27607  
(919) 828-0890  
[kbrockman@transitionslifecare.org](mailto:kbrockman@transitionslifecare.org)  
[www.transitionslifecare.org](http://www.transitionslifecare.org)



## **Victorian Finance, LLC** **Certified Reverse Mortgage Professional** **Lance Canada, CSA**

Helps homeowners aged 62 & older access the equity in their homes. The proceeds may be used for whatever is most important to the client.

1515 West NC 54, Suite 220  
Durham, NC 27707  
(919) 395-2225  
[lance@victorianfinance.com](mailto:lance@victorianfinance.com)  
[www.victorianfinance.com](http://www.victorianfinance.com)

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**Your Next Move**

***Real Estate Services***

***Julie Kopetsky***

Dedicated to helping seniors find the perfect home, sell their current home and alleviate the stress involved in moving by managing the entire project.

(919) 601-8203

[julie.kopetsky@yournextmovenc.com](mailto:julie.kopetsky@yournextmovenc.com)

[www.yournextmovenc.com](http://www.yournextmovenc.com)